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If you or someone you know might benefit from a Clinical Diagnostic Evaluation, please call our Admissions Department for further information.

Call us now at  
**(877) 444-5088**  
or visit us online at  
[bettyfordcenter.org](http://bettyfordcenter.org)

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Betty Ford Center | Clinical Diagnostic Evaluation



Betty Ford Center

# Clinical Diagnostic Evaluation

**Betty Ford Center**  
39000 Bob Hope Drive  
Rancho Mirage, California 92270  
(877) 444-5088  
[bettyfordcenter.org](http://bettyfordcenter.org)

**Betty Ford Center at Eisenhower**

designed to  
evaluate licensed  
professionals and also  
appropriate for adults  
exhibiting impaired  
behavior at home,  
work or school

The purpose of Betty Ford Center's Clinical Diagnostic Evaluation (CDE) is to:

- determine whether or not the client is manifesting signs and symptoms of an addictive disease and/or a co-occurring psychiatric disorder.
- assess the impact of the client's addictive disease, and/or psychiatric disorder, on his or her ability to function safely in their chosen profession.
- evaluate the client's fitness for returning to work in a safety-sensitive position.
- determine what treatment, if any, is advisable to restore health and well-being to the client.



The CDE was originally designed to evaluate licensed professionals required to undergo an objective and comprehensive clinical assessment before returning to work. However, a CDE is also appropriate for any person 18 years or older who is exhibiting impaired behavior at home, work or school.

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Our CDE is ideal for:

- licensed professionals who conduct safety-sensitive operations; e.g., physicians, nurses, therapists, airline pilots, aviation mechanics, police officers, shipboard personnel, emergency medical services personnel (EMS), etc.
  - corporate executives and others working in security-sensitive positions; e.g., attorneys, clergy, government officials, foreign service representatives, Homeland Security personnel.
  - alcoholics and/or other addicts who have had difficulty remaining clean and sober despite their repeated best efforts.
  - persons wishing to obtain a second opinion on the validity of a diagnosis of alcohol and/or other drug dependence assigned to them through an intervention or by some other means.
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