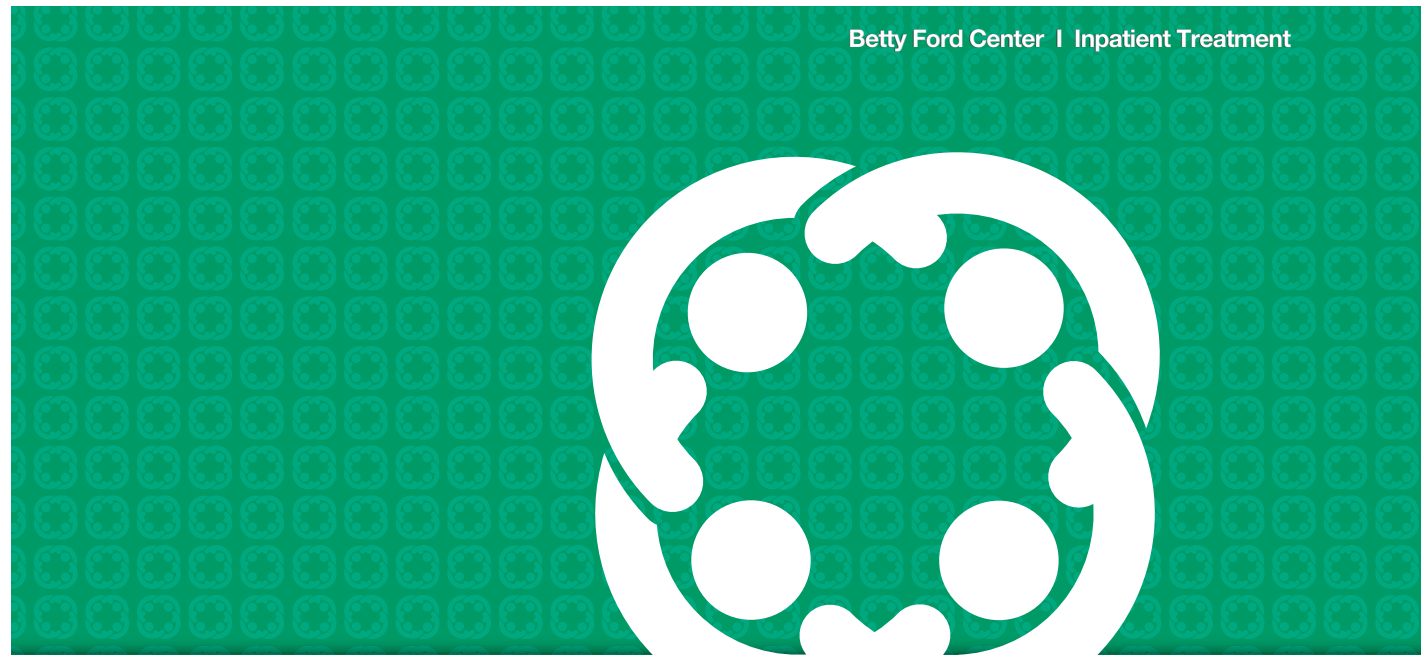


---

If you or someone you know needs help, call our Admissions Department for a free, confidential assessment.

Our staff is available 24 hours a day to answer your questions about our alcohol and drug treatment programs, the disease of addiction and its impact on the family.



Betty Ford Center  
**Inpatient  
Treatment**

Call us now at  
**(877) 444-5088**  
or visit us online at  
[bettyfordcenter.org](http://bettyfordcenter.org)

---



designed for  
adults 18 and over  
seeking help with  
alcohol and/or other  
drug addiction

**Betty Ford Center**  
39000 Bob Hope Drive  
Rancho Mirage, California 92270  
(877) 444-5088  
[bettyfordcenter.org](http://bettyfordcenter.org)  
**Betty Ford Center at Eisenhower**

Our Inpatient Program provides detoxification and primary treatment.

Each patient is assigned a treatment team consisting of a physician, nurse, psychologist, primary counselor, case manager, spiritual care counselor, family counselor, dietician, fitness trainer, chemical dependency technician and focused continuing care specialist. This team is responsible for working with each patient to establish an individualized plan of care and recommendations for discharge.

Each day consists of a full schedule of treatment activities. These activities include, but are not limited to, individual therapy, specialty groups, fitness, educational lectures and group therapy, which is the core of treatment at the Betty Ford Center.

While in treatment, patients live on our spacious 22-acre campus in one of our four gender-specific residential halls. During their stay, all patients begin to develop a foundation in 12-Step recovery.



The Inpatient Program is designed for:

- adults 18 and over seeking help with alcohol and/or other drug addiction.
- individuals who have been unable to achieve sobriety on their own, regardless of previous treatment.
- it is also helpful for patients who may experience a difficult or prolonged detoxification from substances such as opiates or methamphetamines.

---

Upon completion, patients will take away a better understanding of the disease, will be given the tools to continue their recovery and will be provided with support resources in their community.

Family and Children's services are available to all patients. One complimentary registration for the Family Program is included in the cost of treatment.

Patients completing treatment will be considered alumni and given the opportunity to participate in the many services and events available. Additionally, at the completion of treatment each patient is given the opportunity to participate in our Focused Continuing Care Program. This program maintains communication with patients for up to one year post-discharge.

---